

Mammography screening is the primary method recommended or diagnosing breast cancer while still in curable stages of development. Please complete the below questionnaire form to determine as a first step toward understanding if any personal risk level is existing.

THINK PINK! "BREAST HEALTH IS BEAUTIFUL AT ANY AGE "

How old are you? your	20-30	31-40	41-45	46-50	51+	
What is weight?	60-70	71-80	81-90	91-99	100+	
Do you smoke?	No	A little	Fair	A lot	Very much	
Do you have a relative with a history of early breast/ovary cancer?	Mother	Sister	Relative	Cousin	3+	
When did you have your first menstruation?	8	9	10	11	12	
Do you have children?	1	2	3	4	5+	
When did you have your first delivery?	<16	17-20	21-25	26-30	30+	
Have you experienced breastfeeding post-delivery?	No	A little	Fair	A lot	Very much	
When did you experience menopause?	<40	41-45	46-50	51-55	56+	
Have you ever taken any hormone replacement therapy?	No	A little	Fair	A lot	Very much	
If yes, for how long?	<1	1 to 3	3 to 4	4 to 5	5+	
Do or did you have any history of a cancer disease?	Ovary	Breast	Lung	Blood	Other	
Total						

9, Mukenteka Close,  
 Off Great East Road, Lusaka, Zambia

3111 - 0761101600  
 info@medlandhospital.com  
 www.medlandhospital.com

@medlandhospital  
 Medland Hospital  
 Medland Hospital

